Did you know 8.2% of people in our Shire ran out of food in past 12 months and weren't able to replace it?



A recent survey by community members identified COST as the main barrier to accessing nutritious food in our area

As a response to a recent needs assessment, you are cordially invited to participate in the

Colac Otway Food Forum

This Forum will bring together organisational representatives and community stakeholders. The aim is to workshop how we can collaboratively use the best available evidence to improve the access, use and availability of nutritious, culturally appropriate and affordable food in our communities.

This Forum will be facilitated by health promotion consultant, Anita Thomas.

GUEST SPEAKER:

Amanda Stirrat, Health and Wellbeing Officer at the City of Greater Geelong and Chair of the G21 Food Security Network.

Andrew Lucas, from Backyard Harvest and presenter of Transition Towns and other community connectedness programs

WHERE

Colac Bowls Club by the lake (Corner of Moore & Armstrong Street)

WHEN

Friday July 12th 2013 from 10am—1pm (with lunch to follow)

RSVP

Please RSVP via the following email healthpromotion@cah.vic.gov.au
by June 26 2013, and include any dietary requirements.

A CAR POOLING REGISTER IS BEING SET UP FROM APOLLO BAY. IF YOU ARE ABLE TO PROVIDE, OR WOULD LIKE TO RECEIVE A LIFT, PLEASE INDICATE IN YOUR EMAIL

Catering by Sorella Foods sourcing local and seasonal produce to produce exceptional food to our region.



