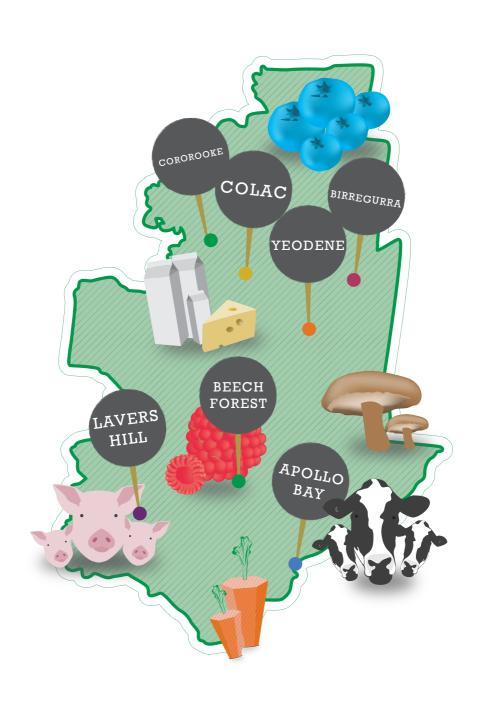


FOR THE COLAC OTWAY SHIRE





THE LOCAL CATERING GUIDE HAS BEEN
DEVELOPED BY THE COLAC OTWAY FOOD ALLIANCE
TO ASSIST LOCAL WORKPLACES, ASSOCIATIONS,
GROUPS AND COMMUNITY MEMBERS TO USE LOCAL
CATERERS WHEN CATERING FOR A MEETING OR
EVENT.

ALL CATERERS IN THIS GUIDE USE LOCALLY GROWN AND/OR MADE PRODUCE.

The Colac Otway Food Alliance is a network of food stakeholders in the Colac Otway, working collaboratively to achieve food equality in the Colac Otway region. Our vision is that 'Everyone in the Colac Otway Shire regardless of Socio Economic Status can obtain nutritionally adequate, culturally acceptable, safe foods, regularly through non-emergency sources'.

The purpose of this guide is to raise awareness of nutritious and local food available in the Colac Otway, by encouraging organisations in the Colac Otway Shire to use local producers when catering or preparing food. The **Local Catering Guide** aims to address food issues in the Colac Otway by encouraging local food production and consumption.

If you are a local caterer and would like to be included in the future, or for more information please contact:

foodcosregion@gmail.com or vist www.foodinthecosregion.weebly.com

Examples of local produce sourced from local Fruit and Vegetable Suppliers -

Garden of Eden Fruit Supplies: Bones Potatoes, Yeoview Potatoes, Alvie Walnuts, Irrewarra Gourmet Strawberries, Otway Blueberries, Otway Forest Shiitake Mushrooms; Monaghan's Potatoes, Onions, Pears, Apples and Grapes, Otway Herbs and Lemons and Rayners Free Range Eggs.

Barlings Fruit Market: Bones Potatoes, Berry World Strawberries, Gellibrand Berries and Raspberries and local Pumpkin, Cauliflower, Cabbage and Silverbeet and other baked and bottled locally made goods.

Please Note: Not all produce used by caterers in this guide is locally grown and/or made. Local produce used may vary.



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03 5237 6440

125 Great Ocean Road Apollo Bay VIC 3233

eat@apollobaybakery.com.au www.apollobaybakery.com.au

EXAMPLES OF LOCAL FOOD /PRODUCERS USED

Garden of Eden Fruit and Vegetables MidWest Meats





0457 669 693

5 Gardner Street Beech Forrest VIC 3237

sue.ladewig@gmail.com

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Joe Sgro Vegetables

Lyn Thom Fruit and Vegetables

Otway Forest Shiitake Mushrooms

Otway Prime Beef and Lamb

Apostle Whey Cheese

Shulz Organic Dairy

Beechy Berries

Glen Loch Apple Farm Apples

Otway Herbs

Gentle Annie Berries

Other products from the Southern

Otway's Food Cooperative





03 5233 1148 0429 406 727

539 Corangamite Lake Road Cororooke VIC 3254

donnasuther@yahoo.com.au

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Garden of Eden Fruit and Vegetables





03 5233 4505 0439 266 360

40 Yeodene - Birreugurra Road Yeodene VIC 3249

yeodeneman@iprimus.com.au

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Joe Sgro Vegetables

Otway Forest Shiitake Mushrooms

Otway Prime Beef

Steve Earl Truffles

Locally grown and picked fruit and berries





03 5231 2333 0428 521 534

50 Rae Street Colac VIC 3250

mbenallack@skillsconnection.org.au www.skillsconnection.org.au

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Garden of Eden Fruit and Vegetables

MidWest Meats

Mr Owen Potatoes

Community Connection Garden Greens and Herbs





03 5231 2080

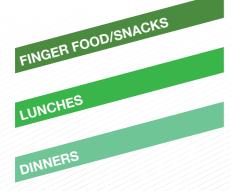
66 Murray Street Colac VIC 3250

hulmsbakery@hotmail.com

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Barlings Fruit and Vegetables
Hickey's Central Meats
Milroy Poultry Supply Eggs





03 5232 2253

205 Murray Street Colac VIC 3250

lemongrasscolac@yahoo.com.au www.lemongrasscolac.com.au

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Warrion Produce Vegetables





03 5231 4288

Shop 9/10 Safeway Complex 55 Bromfield Street Colac VIC 3250

lemontwistcafe@hotmail.com

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Garden of Eden Fruit and Vegetables Sungold Milk





03 5231 6111

43 Gellibrand Steet Colac VIC 3250

info@oddfellowsrestaurant.com.au www.oddfellowsrestaurant.com.au

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Sungold Milk

Rayner's Free Range Eggs Barlings Fruit and Vegetables





03 5237 6995

139 Great Ocean Road Apollo Bay VIC 3233

www.sandyfeetcafeandhealthfoods.com.au

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Otway Free Range Eggs

Myers Milk

Barlings Fruit and Vegetables

Other locally grown organic fruit and vegetables





0418 039 6194

53 Main Street Birregurra VIC 3243

sorellafoods@gmail.com www.sorellafoods.com.au

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Birregurra Olives

Otway Forest Shiitake Mushrooms

Otway Pork

Mid West Meats

La Madre Bakery

Birregurra Farm Foods

Barlings Fruit and Vegetables

Birregurra Kazbah Coffee





03 5235 9273

20 Gardner Street Beech Forrest VIC 3237

sue.ladwig@gmail.com info@theridgecafe.com www.theridgecafe.com

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Joe Sgro Vegetables

Gellibrand Berries

Beech Forest Blueberries

Lyn Thom Fruit and Vegetables

Garden of Eden Fruit and Vegetables

Ms Wendy Eggs

Hickey's Central Meats

Other products from Melbourne's Biodynamic Market





03 5237 3276

30 - 32 Great Ocean Road Lavers Hill VIC 3238

saltytowers@bigpond.com

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Barlings Fruit and Vegetables

Melba Made Chutneys and Jams

Otwayana Sauces

Other locally grown produce including raspberries, carrots, potatoes and pumpkin





03 5231 2144 0427 060 982

88 Wallace Steet Colac VIC 3250

tpcooking@hotmail.com

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Murnanes Country Fresh Meats
Garden of Eden Fruit and Vegetables
Other home grown vegetables





0458 630 295

3855 Great Ocean Road Johanna VIC 3238

wildotways@gmail.com

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Beechy Berries

Berry World

Kennedys Creek Beef

Apostle Whey Cheese

Nuts Inc.

Garden of Eden Fruit and Vegetables

Other seasonal produce from local vegetable gardens and food swaps





03 5232 1507 0413 529 896

152 Drapers Road Colac VIC 3250

yeowarrahill@bigpond.com www.yeowarrahill.com.au

EXAMPLES OF LOCAL FOOD/PRODUCERS USED

Warrion Produce Vegetables

Joe Sgro Potatoes and other vegetables

Pennyroyal Berries

Apostle Whey Cheese

L'Artisan Cheese Timboon

Bulla Dairy



For more information please contact:

foodcosregion@gmail.com or visit www.foodinthecosregion.weebly.com





