



## MINUTES/SUMMARY – Meeting Colac Otway Food Alliance

**Date:** 5 May 2014

**Time:** 2:00-3:00pm

**Location:** Forrest Neighbourhood House

<b>CHAIR:</b> Jess Dorney	<b>MINUTE TAKER:</b> Erin McClusky
PRESENT: Greg Fletcher (COS) Rhiannon Cox (OHCS) Jess Dorney (OHCS) Erin McClusky (CAH) Julia Malcolm (Lavers Hill NH) Gillian Brew (Forrest NH) Major Marilyn Jenner (Salvation Army) Sue Buley (Salvation Army)	APOLOGIES: Jennifer Whitwell () Phillip Johnson () Sue Ryan (Colac Secondary College) Anne Rout (OHCS) Shelley Forche Baird (OHCS) Rachel Walker (Diversitat)

### MEETING START – 2:05PM

#### 1. Welcome and Introduction to Erin McClusky and Rhiannon Cox.

- Rhiannon runs the Marra Woon Neighbourhood House and an adult education program.
- Rhiannon will be filling in for Jess whilst Jess takes a 6 month sabbatical overseas.

#### 2. Around the table

##### Erin McClusky – Food Share Update

- Food Share Building is underway.
- Will be completed within the next 3 months.
- Steering Committee has been identified and will meet regularly to confirm the set-up and running's of the program.

##### Sue Buley –

- Gives out food parcels for welfare beneficiaries based on discussions with the individuals about why they need support in accessing food and what foods they need.
- Makes baskets up based on foods that the individual requests rather than a standardised basket to help reduce wastage.
- Young mums aged between 23-35years are the healthiest clients and single men the unhealthiest. Older woman and teenagers are also found to be relatively unhealthy.
- Recipients of these food baskets put food as their last priority and prioritise the purchase of cigarettes, alcohol, petrol etc.
- Expressed interest in an education program to teach people about healthy eating and how to cook and prepare their food.
- The church has a kitchen that could be used and spare land which they would like to utilise – potential for a garden to kitchen program at the church.
- A diabetics program would also be of benefit.

##### Julia Malcolm – Lavers Hill Bus

- Organised a trial bus service from Lavers Hill to Colac to help people living in remote communities access affordable and nutritious food outlets.
- Bus has been running for two months – uptake has been slow.
- Need to investigate options for more promotion or alternative transport options for future sustainability.



## MINUTES/SUMMARY – Meeting Colac Otway Food Alliance

**Date:** 5 May 2014

**Time:** 2:00-3:00pm

**Location:** Forrest Neighbourhood House

- Expressed interest in a kitchen garden program in Lavers Hill but needs support to do this – Kate Holmes (food co-op)/ Andrew Lucas.
- Holds an annual market in November and would like to incorporate food into this year’s event. Will be vintage, handmade and home grown.
- Previously held a seed saving event which was very successful.
- Trees in Lavers Hill Main Street are Apricot trees which ties in well with food lens planning.
- Identified other food transport opportunities – DOCARE (alternative transport option), Lavers Hill Food Box program, Birregurra Farm Foods Deliver, Emma’s Errands (affordable and services wide-ranging areas), Sophie Ellis (pick up and deliver Joe Sgro) – may need support.

**Gillian Brew – Forrest Neighbourhood House**

- Neighbourhood house acts as a pick-up/drop-off point for produce such as eggs and fruit – any excess is used for cooking.
- Access Second Bite and hold a low-cost community lunch every Thursday.
- Forrest Primary School has a good school garden and chooks – school children use neighbourhood house kitchen and help to cook the community lunch.
- Neighbourhood House has a vegetable garden but would like to extend their garden and partner with the school.
- Identified struggles in connecting with those in need.
- Potential to combine with Julia’s Programs.
- Advocating for Fruit Tress in the main street – supports FSPUD.

**Greg Fletcher –**

- Has spoken with school bus coordinator and identified potential for individuals to use school bus service to access food.
- Identified existing work in mapping transport option in the Colac Otway – may need updating.
- Spoke about FSPUD and identified councils concerns regarding the risks associated with fruit trees on streets – falls, vandalism, footpath clean ups etc.
- Acknowledged the need for improved connections between councils and communities.

**Jess Dorney – Apollo Bay Food Swap**

- Food swap has been going well and has now been moved to the Marra Woorn Neighbourhood House due to outside conditions.
- Need to identify people in need and create social connections.

### 3. Allocation of subcommittees

Committee	Actions
<b>Transport</b> (Julia Malcolm, Lisa Jarvis)	Identify alternative transport option in COS that will assist people in accessing affordable, nutritious and culturally appropriate food.
<b>Local Food Production</b> (Sue Ludwig, Julia Malcolm, Ray)	Identify existing Farm-Gates in COS. Barriers to Farm Gates (no permit needed for uncut fruit and vegetables). Investigate options for incorporating local food into existing markets. Develop directory of local producers in COS. Develop handbook about do’s and don’ts for Farm Gates and market stalls.



## MINUTES/SUMMARY – Meeting Colac Otway Food Alliance

**Date:** 5 May 2014

**Time:** 2:00-3:00pm

**Location:** Forrest Neighbourhood House

<b>Skills Network</b> (Rhiannon Cox, Sue Buley, Marilyn Jenner, Rachel walker)	Identify current food skill programs (budgeting, growing, cooking, safety, shopping). Paddock to Plate. Identify other programs that are underway elsewhere that could be replicated in COS.
<b>PR/Marketing</b>	Develop food access directory. Coordinate media and social marketing opportunities.
<b>Small Store Support</b>	Develop program plan. Identify and secure funding for program. Support implementation of program.

### 7. SUMMARY OF ACTIONS ARISING – Meeting 7

<i>Responsibility</i>	<i>Actions</i>
<b>Everyone</b>	Identify potential sub-committee members and external stakeholders.
<b>Julia Malcolm</b>	Interview Lavers Hill Bus users via survey.
<b>Jess Dorney</b>	Door-knock Lavers Hill and Beech Forrest.
<b>Erin McClusky</b>	Conduct process evaluation of bus trial.
<b>Rhiannon Cox</b>	Identify future alternative transport option for remote rural areas.

### 8. Next meeting

**MEETING CLOSE - 3:00pm**

### NEXT MEETING DETAILS

**Venue:**

**Date and Time:**

**Other Details:**

**Map:**